



Stop the Spread of CORONAVIRUS (COVID-19)



How does it spread?



Cough or Sneeze



Shaking hands



Touching surfaces with the virus on it

What are the symptoms?



Fever



Cough



Difficulty breathing

How do I protect myself?

✓ YES.



Wash your hands with soap and water for 20 seconds.



Avoid sick people.



Stay home from work when you are sick.



Stand 6 feet apart from other people.



✗ NO!

Cover your cough or sneeze with a tissue.



Don't touch your face.



Clean objects and surfaces often.



Who do I Call or Text?

If you feel sick, call your doctor BEFORE going to the doctor's office or hospital

Questions about your job?

Hannah 773.681.8542

Raelyn (French) 773.681.8545

Medical concerns, housing, Medicaid, food, community resources, general questions?

Fikret (Serbian) 773.681.8544

Alicia (Spanish) 773.681.8543

Angelica (Spanish) 773.681.8557

Rebecca 773.681.8558

Questions about school closings, school registration, meals for your children?

Rachel (Swahili) 773.681.8563

For more information: www.dph.illinois.gov

www.worldreliefchicago.org/covid-19-resources

world relief